

Dr. Payam Shadi



Dr. Payam Shadi is the medical director of the Tobacco/Drug Center, is member of the Board of the Tobacco/Alcohol/Drug Addiction. He studied in highly competitive programs in the disciplines, testing, and treatment of drug abuse, smoking, and alcohol drug disorders. He has gained invaluable experience in his field having worked in government facilities (prisons/hospitals). He has done research, lectured, he presents cases and talks based at WHO, Department of Tobacco/Alcohol/Drug, in the spirit of the WHO World Health Organization.

What is smoking?

Smoking tobacco, the chemical source for many of the carcinogenic substances and the addictive nicotine, and "tar" is an addictive substance, the result of the combustion process. These substances function for the carcinogenic potential of smoking tobacco are more likely than leading to cancer, resulting from either regular or occasional use of tobacco or 10 percent.

What is the risk factor for smoking?

Smoking greatly increases cancer rates over time with age. It can further be associated with cardiovascular disease, which includes coronary artery disease, stroke, and type 2 diabetes. There are several factors that further contribute to smoking including usage of other tobacco products, alcohol, drugs, and stress.

Q&A

How can people be treated?

A diagnosis and clinical laboratory tests can determine whether you have a history of drug abuse. Treatment and diagnosis are dependent during this study.

What are the most accepted options to treat drug abuse?

The most common and accepted neurological approaches to treat drug abuse include the Commission on Public Health Research (CPHR) that gives "the good" type of treatment. We also provide our patients with information about support groups, such as the 12-step program.